# **Conestoga High School**

**Issue 14: March 2020** 



# **Senior Internship Program Update**

Seniors should be reaching out to potential sponsors for their Senior Internship. All internship forms are due April 17th. Please ask your senior what they are thinking about for their internship and offer your assistance in identifying contacts. Seniors can also search for contacts from prior CHS internships. If your senior has not turned in the Faculty Advisor form, they must do so ASAP. Information about the Senior Internship Program can be found at <a href="http://tesd.net/internships">http://tesd.net/internships</a>. Questions can be directed to Jeanne Braun, Program Coordinator at 610-240-1913 or <a href="mailto:brauni@tesd.net">brauni@tesd.net</a>.

If you or your place of employment is interested in mentoring a Conestoga senior for the internship period, please reach contact Jeanne Braun at <a href="mailto:braunj@tesd.net">braunj@tesd.net</a>. It's a wonderful way to give back to our community.

Please be aware that compliance with Pennsylvania legislation requires Community Sponsors (the people your children intern with) to have completed background clearances in order to take a Conestoga intern who is under 18 years of age. More information on this requirement can be found on the Conestoga website.

# **Stoga Music Theatre Presents**

GO, GO, GO Joseph! Get ready to clap and sing along with one of Broadway's most beloved shows! Joseph and the Amazing Technicolor Dreamcoat brings to life the story of Joseph, his eleven brothers, and the coat of many colors. This magical musical is full of unforgettable songs including One More Angel in Heaven, Any Dream Will Do, and Close Every Door. It is a tale of love, deception, betrayal, perseverance, forgiveness, and redemption.

Noted for its family-friendly storyline, universal themes and catchy music, and told entirely through song, JOSEPH is the first full-length musical by the legendary theatrical team of Sir Andrew Lloyd Webber and Tim Rice – and celebrates its 50<sup>th</sup> anniversary this year!

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT is presented by arrangement with The Musical Company, a Concord Theatricals Company.

Director/Vocal Director/Choreographer: Nathan Shughart Pit Orchestra Conductor: Christopher Nation

TICKET PRICES:

Adults -- \$15 Students (19 years and younger) -- \$12

Seniors (62 years and older) -- \$12

Tickets available at: http://www.stogatheatre.com



# **Junior College Conferences**

Attention Junior Parents / Guardians:

It is our pleasure to invite you to schedule a post-high school planning conference with your child's counselor sometime this winter or spring. This meeting is an opportunity to discuss your goals and your high school academic record as we help guide you toward your own individualized post-high school plan. We recommend that parents call the Student Services Office at 610.240.1045 at their earliest convenience to schedule a conference. These meetings began on December 2nd and dates can be scheduled through the spring. It is helpful to know your student's availability or free period so we can schedule the meeting when your child does not have class. We look forward to meeting with you!

# **Spring Semester EEPE Reminder**

Spring Semester EEPE Verification Forms for the 2nd Semester will be due on Wednesday, April 15th for seniors and Friday, May 15th for Juniors and Sophomores. Verification Forms can be found attached to this announcement and on Schoology. All Spring Semester Application Forms must be submitted through the EEPE Schoology course as "Verification Form". Any student who does not submit the Verification Form by the due date, will be dropped from the course and not receive credit for the course.

<u>Verification Forms</u> for the Spring 2020 Semester of EEPE will be due on April 15th for Seniors and May 15th for Sophomores and Juniors.

# Students participating in a Club Sport MUST complete a Verification Form if EEPE is on the student's semester II schedule.

The "Verification Form" Assignment is now open to everyone on Schoology.

# **Financial Aid Evening**

Please join us for Financial Aid Evening on **Thursday, March 19th** at 7pm in the Conestoga Auditorium. Cabrini University's George J. Walter, Vice President of Enrollment Management, will present about what parents need to know related to the financial aid process for college. All are welcome. We look forward to seeing you there!

# Conestoga Key Club Holds Pennies for Patients Drive

The Conestoga Key Club is running their Pennies for Patients campaign from February 24th to March 13th. Did you know that over 1.4 million Americans are currently living with blood cancer? In all likelihood, a blood cancer diagnosis has drastically impacted the life of a family member, a co-worker, or a friend of yours. However, thanks to the research and patient services efforts spearheaded by The Leukemia & Lymphoma Society (LLS), the survival rate for these individuals has greatly increased and the quality of life for patients has vastly improved. LLS supports major programs that involve livesaving research, patient services, and various other community services.

Conestoga students will be collecting spare change, bills, check donations, and online donations during their three-week campaign entitled "Pennies for Patients" We will be encouraging donations with some incentives and a friendly competition between homerooms. Please considering donating to your student's homeroom during the campaign! Cash, (bills or coins) and checks accepted (made out to the Leukemia & Lymphoma Society). Donations can be sent in at the start of the campaign on Monday February 24th through Friday March 13th and we encourage you to use the online donation link as well that can be shared with family and friends.

https://events.lls.org/pages/epa/ConestogaHighSchool-2020

We're hoping to raise \$2,000 during Pennies for Patients and make an amazing impact to help the Leukemia & Lymphoma Society help families affected by cancer. Collection boxes will be placed in homerooms late next week and students can also donate during lunches and those donations can be also attributed to homerooms.

After the event is over, the homerooms that raises the most money in each grade level will be rewarded with a treat. In addition, the homeroom with the highest overall donations will be rewarded with an extra special treat!

Please considering donating to this great cause!

# Students at Conestoga High School Help Conquer Childhood Cancer by Holding a Four Diamonds Mini-THON

Conestoga High school will be holding a six-hour activity marathon on March 20,2020 to raise money to support the Four Diamonds at Penn State Hershey Children's Hospital. The money raised will cover medical expenses for families that have children battling pediatric cancer, as well as support a comprehensive team of researchers that are looking for a cure.

Modeled after the Penn State Dance Marathon, "Four Diamonds MiniTHONs" originated in 1993 and empower students to learn about event management and philanthropy by joining in the fight against pediatric cancer. Last year, students across the country that hosted Mini-THONS just like Conestoga's raised a combined \$7 million for Four Diamonds.

Before the event, students will be seeking donations from family and friends to sponsor their Mini-THON experience. During the event students will participate in dancing, games, competitions, and much more, staying active for the entire 6 hours.

This year, Conestoga Student Council and Key Club set an ambitious goal of raising \$15,000 and they hope to have at least 300 students involved in the Mini-THON. They've done a lot of planning and are anticipating a great event. The goal is to unify the students as they join the fight against pediatric cancer.

The Four Diamonds' mission is to conquer childhood cancer by assisting children being treated at Penn State Hershey Children's Hospital and their families through superior care, comprehensive support, and innovative research.

Conestoga Mini-THON early registration is taking place NOW and

regular registration will be from March 6-20th. Anyone interested in supporting the Conestoga students in this endeavor can donate to Four Diamonds by going to the Conestoga DonorDrive site at <a href="https://fourdiamonds.donordrive.com/index.cfm">https://fourdiamonds.donordrive.com/index.cfm</a> fuseaction=donorDrive.event&eventID=2795.

#### **Event Details**

Date: March 20, 2020
Time: 6:00 pm to midnight
Location: Conestoga High School
For more information contact Mrs. Gallo at <a href="mailto:galloe@tesd.net">galloe@tesd.net</a> or
Allison Long at <a href="mailto:longa@tesd.net">longa@tesd.net</a>

# **Spring Sports**

Spring Sports are almost underway. V/JV/JVA Teams begin on Monday, March 2nd and Freshman/JVB Teams begin on Monday, March 9th

### **Sports Announcements/Alerts**

To provide the most current updated sports information on a given day due to changes that may occur regarding adverse weather conditions/cancellations or for some other reason, the Athletic Department has implemented the following for your convenience:

For updated announcements, please refer to the CHS website. On the top bar, scroll to Athletics then Announcements under the Athletic tab.

If you would like to receive e-mail/text alerts regarding any type of sports announcements/changes, you will need to register at digitalsports.com. Please refer to CHS website. On the top bar-scroll to Athletics then Schedules/Alerts under the Athletic tab to review the step-by-step directions. Daily Sports Schedules can also be located here.

Please feel free to call the Athletic Department at 610-240-1024 at any time with any questions.

### **CAREER DAYS AT CONESTOGA**

Students at Conestoga will hear from over 30 professionals during Career Days 2020: "Oh, the Places You'll Go!" on March 31, April 1 & April 2. Career Days at Conestoga is an annual event, organized and hosted by the Sophomore Class parents along with the Student Services Department. Professionals (several are CHS parents and graduates!) come to talk about their careers and the

path they took to arrive where they are today. Students can attend sessions on Artificial Intelligence, Business, Engineering, Filmmaking, Graphic Design, Entrepreneurship, Law, Medicine, Social Work and more.

Sessions are held during the school day and are open to all students. Please encourage your student to attend. If you have questions, please contact the Career Days chairpersons, Eileen Dirkes at <a href="mailto:aedirkes@gmail.com">aedirkes@gmail.com</a> or Caroline Small at <a href="mailto:carosmall1@gmail.com">carosmall1@gmail.com</a>.

# Attention Sophomores and Parents: Save the Date: Sophomore Springboard April 23, 2020

Attention to all tenth grade students and their parents:

The CHS Student Services Department is pleased to invite you to an evening program for sophomore students and their parents called "Sophomore Springboard". The program will be held on April 23rd in the Conestoga Auditorium at 7:00 pm. We will cover all the questions you may have about your upcoming junior year and beyond. Please join us for an informative evening.

# **Class Parent Organizations**

### Class of 2020

Senior Class Parent Meeting: March 19, 2020 at 9:30 am

#### Class of 2021

Junior Class Parent Meeting: March 12, 2020 at 9:30 am

#### Class of 2022

Sophomore Class Parent Meeting: March 17, 2020 at 9:30 am

#### Class of 2023

Freshman Class Parent Meeting: March 10, 2020 at 9:30 am

# 'Stoga Points of Pride

- Conestoga Girls Lacrosse Players Commit to Colleges
- Conestoga Students Selected for PMEA Region VI Band
- Conestoga Students Receive Art and Writing Awards

# Reminder to 11th Grade Parents/Guardians From the Health Office

The Pennsylvania School Act requires that all students in 11th grade receive a medical examination. Please include an updated immunization record with your physical exam. Effective 8/1/17 all students entering 12th grade will be required to have 2 doses of MCV (Meningitis), one which needs to be at/after age 16. Please check with your health care provider at the time of your physical examination.

### In the News from Student Health Services

As the colder weather is upon us, influenza or flu season is here. Influenza can be a serious disease that leads to hospitalization or extreme illness. The single best way to protect against the flu is to get vaccinated each year. Student Health Services strongly encourages all students, family members and staff to receive a flu vaccination. Contact your local family physician, health clinic or nearby pharmacy for information and questions regarding available flu vaccines.

# **Conestoga High School Expansion Project**

The Conestoga High School Expansion project continues to proceed. The district will continue to provide updates on the renovation process through the district website. Expansion plans and information can be found at <a href="https://www.tesd.net/chs">www.tesd.net/chs</a> expansion.

### **TE All-Call Reminder**

When serious weather conditions or other emergencies make it necessary to close or delay the opening of schools, announcements will be made on the TE All-Call Mass Communication System, the TESD website, the T/E Information Hotline - (610) 240-1970, T/E TV on Comcast Cable Channel 14 and Verizon Channel 20, as well as on local television stations.

Parents are encouraged to establish emergency procedures with their children ahead of time to prepare for early school closings. Automated phone calls, text messages and emails will be sent to parents through the TE All-Call system, powered by SchoolMessenger. Please contact your school's main office if you need to add or change one of your contact numbers for TE All-Call. Click here to learn more about the TE All-Call system.

# **Traffic Safety Reminders**

TESD urges all parents to exercise traffic safety around our schools. Please be reminded to:

- Drive slowly and carefully in school parking lots, drop off areas and nearby roads
- Obey all traffic flow patterns and rules of the road
- When dropping off and picking up students, please pull all the way up allowing traffic to flow
- Discuss pedestrian safety with your kids (use crosswalks/sidewalks, look both ways, don't "walk and text," etc)

Traffic patterns around the schools are always busy at the start and end of our school days. We appreciate your attention to the safety of all of our students.



# Building Executive Functioning Skills Michael McLeod, MA, CCC-SLP TSSLD

Date: Thursday, March 5, 2020

Time: 7:00 PM

RSVP: bit.ly/BUILD0305

Valley Forge Middle School 105 Walker Road Wayne, PA 19087

Understand the importance of executive function in activities such as planning, organizing, strategizing, paying attention and remembering details. Learn the connection between language and ADHD. Build crucial executive function skills in your child to help foster independence.



Presenting on innovative evidence-based practices for fostering Executive Function Skills and Resilience in adolescents. Michael will focus on building the skills of positive internal language while constructing interpersonal relationships and meaningful experiences. He will be discussing his holistic approach towards fostering independence through the lens of the academic, social, and emotional methodology.

Michael McLeod, MA, CCC-SLP TSSLD is an ASHA-Certified Speech-Language Pathologist and Executive Function/ADHD Specialist. He is the owner of GrowNOW Therapy Services, LLC, a specialized private practice in Media, PA. Michael has traveled internationally, presenting and teaching his unique GrowNOW treatment model for fostering Executive Functions & Resiliency.

#### Everyone Reads T/E

Everyone Reads T/E is a collaborative initiative between BUILD T/E and TESD regarding general education reading instruction. Our mission is to ensure that all students in the T/E School District learn to read to the best of their potential with as little emotional impact as possible and that all teachers in T/E have access to professional development and curriculum rooted in the science of reading. www.tereads.com



#### Who We Are

BUILD T/E is a parent-led, all-volunteer organization whose goal is to support families of children with all types of learning differences, residing in the Tredyffrin-Easttown School District. www.buildte.com

#### Supporting Families of Students

- · With a 504 Plan or medical needs
- With an IEP or a Gifted IEP (GIEP)
- · Going through the evaluation process
- · Struggling in school

#### Connect with Us

#### www.buildte.org

- · subscribe to emails
- · view upcoming events
- · connect with parents
- learn more

#### Find Us on Facebook

BUILD T/E: @buildte Parent Forum: @buildparentforum

Gifted Forum: @buildtegifted Everyone Reads T/E: @everyonereadste

#### Questions

Wendy Brooks: wenobrooks@aol.com Wendy DeMarco: wedemarco1@gmail.com Maggie Gaines: maggiegaines7@gmail.com Jamie Lynch: jamielynch@tereads.com Kate Mayer: katemayer@tereads.com

# T&E CARE'S 9TH ANNUAL KIDS' CLOTHING DRIVE EVENT - 2020

# ATTENTION ALL CHS FAMILIES! WE'LL BE COLLECTING NEW OR GENTLY USED KIDS' CLOTHING

## Wed., March 11th- Fri., March 20th

Donations accepted at:

All T/E School District Schools\* (including CHS lobby)

Tredyffrin or Easttown Library\*

(\*During regular school/library hours only)

Please donate new or gently used clothing for all seasons.

#### Acceptable Items:

- · clean clothes for infants through teens
- · shoes, boots
- coats, hats, gloves
- accessories
- TESD-related clothes WILL be accepted such as gym shorts or spirit wear, as long as a child's name is not on it
- · Clothing labeled with college names will also be accepted

#### Items NOT accepted:

- · adult clothing
- · toys or books
- · household items
- · bathing suits, socks, underwear
- · clothing with inappropriate logos
- · shirts with camp or youth sports team logos



Learn more about T&E Care

www.tecare.org

clothes@tecare.org



# T&E CARE'S 9TH ANNUAL KIDS' CLOTHING DRIVE EVENT - 2020

#### DO YOUR KIDS NEED CLOTHES?

COME TO THE T&E CARE KIDS' CLOTHING EVENT and FUNDRAISER

OPEN TO THE PUBLIC – DON'T MISS IT!

One of the biggest kids' clothing events in the area!

one of the biggest kids clothing events in the area.

### Thursday, March 26, 4pm-7:30pm Friday, March 27, 9am-noon

St. Matthew's United Methodist Church 600 Walker Rd, Wayne, PA

- ⇒ Fill a bag (we provide the bags!) T&E Care reserves the right to limit quantities based on availability of clothes.
- ⇒ Suggested donation of \$10/bag
- ⇒ Clothes for infants through teens plus shoes, boots, coats, hats, gloves, and more
- ⇒ SPECIAL TEEN GIRLS SHOP

#### **Additional Event Information:**

Where did the clothes come from? For the past month, a huge number of volunteers in the Tredyffrin and Easttown communities have been collecting donations of good quality gently used clothes for boys and girls, infants through teens from all over the community. Some are even brand new!

How much do the clothes cost? At our event we don't sell the clothes – we just give them away. We do suggest that people make a \$10/bag donation to our organization for the clothes taken. However, if your budget doesn't handle that, that's okay. Offer what you can. (We provide the bags – and they are big!)

<u>Do you only have kids' clothes?</u> Along with clothes for ALL seasons, there will be shoes, coats, jewelry, hats, etc. We generally do not have many toys, books, or other children's items, but there might be a small table with a few items. Sometimes there are a few tables of adult clothes, but that varies year to year.

Should our kids come? You can certainly bring your kids if you want, but if you have a teenage girl – DEFINITELY bring her along!! We have a special room for teen girls with all sorts of special clothes just for them! We might have prom dresses too.



Learn more about T&E Care

www.tecare.org

clothes@tecare.org









A magical night of Disney fun, games, activities, and snacks!

When: Friday March 27, 2020 from 6:00-8:00 pm

Where: Conestoga High School

Cost: \$5.00 per student

#### To Register...

Pick up or print a registration form from any Elementary School Main Office or at tesd.net. Registration forms are due by March 20, 2020 and can be turned in to your child's Elementary School Main Office. After March 20th, please return forms to the Conestoga Main Office and email chspeermediation@tesd.net to confirm attendance.

#### Theme and Dress:

Your child is invited to wear a Disney-themed outfit or comfortable clothing.

#### Security & Safety:

All parents are required to return the emergency information form. A School Nurse will be on duty for this event. Parent/Guardian and child will receive matching Tyvek bracelets upon arrival. Bracelets must be matched at the conclusion of the event to ensure each child is picked up by a trusted adult. Please plan accordingly.

To learn more about our team, see the reverse side of this for a little bit about who we are. Still have questions? Please contact our advisory team at chspeermediation@tesd.net.







# an Introduction to Indian Music and Violin Concert

BY PANDIT MILIND RAIKAR

# March 28th, 2020

FREE ADMISSION

4 - 4:30 PM: Lecture-demonstration by CHS

student Mihir Dhamankar on the basics of Indian Classical Music

4:30 - 4:40 PM: Demo of Raag Hansadhwani by CHS

students

4:40 - 5:30 PM: Violin concert by Pandit Milind

Raikar

SUGGESTED DONATION \$10









#### EARTH DAY EVENT: Shredding & Recycling ~ April 24th

WHO: All TESD students, parents and residents!

WHEN: Friday, April 24th from 2:30pm - 5:00pm

WHERE: Devon Elementary School; front of school (Rain plan: held outside of cafeteria)

WHAT: Awesome Spring Cleaning, Earth Day, Shredding & Recycling event, including...

- SHREDDING: DocuVault will be here with its truck to shred any paper items you have.
   Everything they shred is 100% recycled, often turned into paper towels and/or toilet paper.
- . RECYCLING: Please start to save these items NOW and recycle them at the event:
  - Batteries, Crayons/Markers, Light bulbs (any type), Printer/Ink Cartridges,
     Shoes, \*\* AND Small Toys (clean, lightly used, nothing that goes in the mouth) \*\*
  - We will NOT be taking electronics. ("Anything with a Plug" event on 4/4/20. See below).
- LEARNING / BUYING: There will be a table where you can pick up Green Info & Tips.
   Mother Compost will be there to discuss the importance of composting. In addition, there will be Green products to purchase, such as lunch containers, battery testers and more!
   Please bring cash and/or your checkbook for purchases.

WHY: Because we're all in this together! It's our responsibility to care for this Earth NOW before it's too late. (And watching stuff get shred up is pretty cool, too!)

COST: FREE! A suggested donation of \$10 is encouraged and appreciated to cover the costs of recycling the above items. Thank you!

This event is brought to you by The Green initiative from TESD. For more information, contact Gaby Snyder (DES/TEMS) at gabysnyder@yahoo.com or Tracy Viola (DES/TEMS) at tracyo57@comcast.net or Heather Hill (CHS) at globularclusters@yahoo.com

Save the date.... "Anything with a Plug" Recycling Event on April 4th, Gam-I2pm at Wilson Farm Park.

Recycle electronics, small appliances, TVs, microwaves, telephones, etc...

# **Senior Class Save the Date: Reflections**

#### Reflections

Monday, June 1 at 7:00 pm Daylesford Abbey

#### **Graduation**

Tuesday, June 2nd, 2020 at 6:00 pm

# **QUICK LINKS**

- Student Services Department
- Senior Parking and Privilege Information
- Conestoga High School Website

# **Upcoming Events**

<u>EVENT</u>	<u>DATE</u>	<u>TIME</u>	LOCATION
Spring Sports Begin for V/JV/JVA Teams	3/2/2020		CHS
Spring Musical	3/4 - 3/7/2020	7:00 pm	CHS Auditorium
Spring Musical	3/7/2020	2:00 pm	CHS Auditorium
Spring Sports Begin for JVB/Freshman Teams	3/9/2020		CHS
School Board Meeting	3/9/2020	7:00 pm	CHS Cafeteria
Freshman Parent Meeting	3/10/2020	9:30 am	Room 142
Junior Parent Meeting	3/12/2020	9:30 am	Room 142
FLITE // Harlem Wizards Game	3/13/2020	7:00 pm	CHS Gym